



MAHARASHTRA STATE LAWN TENNIS ASSOCIATION

महाराष्ट्र राज्य लॉन टेनिस संघटना

Affiliated to All India Tennis Association & Maharashtra Olympic Association

MSLTA POLICIES & GUIDELINES FOR RESUMPTION OF TENNIS DURING COVID 19

The following protocol to be observed towards ensuring safety of all at Tennis centers in Maharashtra for maximum 2 players on court (Singles)

1. Maximum 2 players on court, one on each side of the net unless players are all from the same household.
2. Players to only handle their own racket & personal (marked) tennis ball
3. Avoid changing ends.
4. To ensure physical distance of 6 feet minimum at all time.
5. Players to carry their own Tennis balls for playing & these will not be shared by others.
6. Persons above 65 years of age, children below 10 years of age & persons with co-morbidity & suffering from chronic disease will not be allowed to enter the premises
7. Do not play if self isolating
8. Follow public health guidelines for hygiene like hand sanitization.
9. Handshakes and other forms of greetings which need physical contact shall be avoided

Security Procedures at Entry gate

- ONLY ONE access point will be open for entry and exit to and from the centre respectively. The utilisation of facilities by players/outsideers shall be prohibited till relaxations are announced by Government based on local conditions.
- Compulsory screening will be performed of all persons visiting the centres. The security personnel manning the entry gate at each shift shall be trained to perform the thermal tests and conduct screening based on any obvious symptoms.
- Provision of alcohol-based hand sanitizer shall be made at the entry point and all visitors shall sanitize their hands before entering the premises
- Any person exhibiting any symptom attributed to COVID-19 will be immediately prevented from entering the centre.
- Any person entering the premise must be wearing a mask covering their nose and mouth.

Life President
Ghanshyam Patel
Sharad Kannamwar

Life Vice Presidents
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Mohan Varde
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Dr. Dilip Rane

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Email : mslta@mslta.org
Web : www.mslta.org

Dr. G. A. Ranade Tennis Centre,
165, Maharshi Karve Road,
Cooperage, Mumbai - 400 021.

डॉ. जी. ए. रानडे टेनिस सेंटर,
१६५, महर्षी कर्वे रोड,
कुपेज, मुंबई ४०००२१



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Key Do's and Don'ts

S.No.	Do's	Don'ts
1	Educate oneself of precautionary measures	Share any personal equipment or utility like water bottle, towel etc.
2	Change at respective rooms before and after training	Spit or clear nasal/respiratory secretions anywhere other than the toilet
3	Practice hand hygiene at regular intervals	Engage in any form of physical contact like hand shake, high-five, hugs etc.
4	Maintain distance of 6 feet from other individuals at all times and at all places	Socialize before or after training with other players/ staff
5	Use face masks while near other player/staff at any common area	Touch face or mouth while handling shared sports equipment
6	Exit training facility as soon as training ends	

MSLTA POLICIES & GUIDELINES FOR RESUMPTION OF TENNIS DURING COVID 19

The following protocol to be observed towards ensuring safety of all at Tennis centers in Maharashtra for maximum 4 players on court (Doubles)

1. Maximum 4 players on court, two on each side of the net. Ensure 6 feet distance at all times.
2. Players to only handle their own racket & personal (marked) tennis ball
3. Avoid changing ends.
4. To ensure physical distance of 6 feet minimum at all time.
5. Players to carry their own Tennis balls for playing & these will not be shared by others.
6. Persons above 65 years of age, children below 10 years of age & persons with co-morbidity & suffering from chronic disease will not be allowed to enter the premises
7. Do not play if self isolating
8. Follow public health guidelines for hygiene eg hand sanitization.



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9. Handshakes and other forms of greetings which need physical contact shall be avoided
10. Wear masks when talking to each other

Security Procedures at Entry gate

- ONLY ONE access point will be open for entry and exit to and from the centre respectively. The utilisation of facilities by players/outsideers shall be prohibited till relaxations are announced by Government based on local conditions.
- Compulsory screening will be performed of all persons visiting the centres. The security personnel manning the entry gate at each shift shall be trained to perform the thermal tests and conduct screening based on any obvious symptoms.
- Provision of alcohol-based hand sanitizer shall be made at the entry point and all players shall sanitize their hands before entering the premises
- Any person exhibiting any symptom attributed to COVID-19 will be immediately prevented from entering the centre.
- Any person entering the premise must be wearing a mask covering their nose and mouth.

Key Do's and Don'ts

S.No.	Do's	Don'ts
1	Educate oneself of precautionary measures	Share any personal equipment or utility like water bottle, towel etc.
2	Change at respective rooms before and after training	Spit or clear nasal/respiratory secretions anywhere other than the toilet
3	Practice hand hygiene at regular intervals	Engage in any form of physical contact like hand shake, high-five, hugs etc.
4	Maintain distance of 6 feet from other individuals at all times and at all places	Socialize before or after training with other players/ staff
5	Use face masks while near other player/staff at any common area	Touch face or mouth while handling shared sports equipment
6	Exit training facility as soon as training ends	



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MSLTA POLICIES & GUIDELINES FOR RESUMPTION OF TENNIS DURING COVID 19

The following protocol to be observed towards ensuring safety of all at Tennis centers in Maharashtra to start coaching programme at their respective centers.

1. Maximum 4 players on court, two on each side of the net. Ensure 6 feet distance at all times.
2. Players to only handle their own racket & personal (marked) tennis ball
3. Avoid changing ends.
4. To ensure physical distance of 6 feet minimum at all time.
5. Persons above 65 years of age, children below 10 years of age & persons with co-morbidity & suffering from chronic disease will not be allowed to enter the premises
6. Do not play if self isolating
7. Coaching staff should work only in one & not multiple centres.
8. Follow public health guidelines for hygiene eg hand sanitization.
9. Handshakes and other forms of greetings which need physical contact shall be avoided
10. Wear masks when talking to parents & maintain social distance.
11. For coaching programme balls & other equipment to be disinfected every 2 hours.

Sanitization at Coaching Centre for players/staff etc

- Hand sanitizers shall be made available at the entrance and a notice shall be displayed with guidelines on proper sanitization process
- Sanitizers shall be placed at entry points for Security, players, staff and other strategic points throughout the centre. Every person within the centre shall sanitize their hands regularly as per guidelines displayed on illustrative notices throughout the centre.
- Handshakes and other forms of greetings which need physical contact shall be avoided
- Meetings with trainee groups shall be avoided as far as possible
- For all discussions, which demand physical presence, trainees and staff shall strictly adhere to the social distancing norm of minimum 6 feet between each individual.
- The use of toilet shall be allowed at a maximum 50% capacity to ensure social distancing in the toilet area as well

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- Provision of alcohol-based hand sanitizer shall be made at the entry point and all players shall sanitize their hands before entering the premises
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Key Do's and Don'ts

For Coaching staff

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2	Change at respective rooms before and after training	Spit or clear nasal/respiratory secretions anywhere other than the toilet
3	Practice hand hygiene at regular intervals	Engage in any form of physical contact like hand shake, high-five, hugs etc.
4	Maintain distance of 6 feet from other individuals at all times and at all places	Socialize before or after training with other players/ staff
5	Use face masks while near other player/staff at any common area	Touch face or mouth while handling shared sports equipment
6	Exit training facility as soon as training ends	
7	Ask players if they are feeling ill before each training session	

for Maharashtra State Lawn Tennis Association

Sunder Iyer
Hon. Secretary